

8 DAYS WALKING THE AMALFI COAST

DESTINATIONS

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NAPLES

TOUR ITINERARY

DAY 1

Destination	Agerola
Meals included	Dinner
Accommodation	N/A

Those on group flights fly to Naples, where they will be met by their tour leader on arrival. A transfer of approximately 1 hour 20 minutes takes us to the Hotel Due Torri, our base for the week in the village of Bomerano, on the Agerola plains above the Amalfi Coast. Enjoy a warm welcome from our local hosts, the Acampora family, before settling in. Land only clients can arrive at any time, although we do recommend to join the group at the airport as public transport options to the hotel are limited.

DAY 2

Destination	Agerola 🚶 Bomerano
Meals included	Breakfast, Lunch, Dinner
Accommodation	N/A

From the hotel it's a short stroll to the village square (or in the case of Bomerano, a triangle) and the start of today's walk. The circular route provides a good chance to stretch the legs; following a mixture of paths and tracks we ascend to the top of Monte Tre Calli to be rewarded with spectacular wide-open views of the jagged coastline and seemingly endless blue sea. The Agerola Plain and the village of Bomerano are laid out below us and on a clear day we can see as far as the famous island of Capri, a haven and idyllic hideaway for many celebrated artists and writers over the past 200 years. After admiring the majestic scenery descend to Bomerano and enjoy some rest time before a hearty dinner.

DAY 3

Destination	Bomerano 🚶 Amalfi 🚌 Bomerano
Meals included	Breakfast, Lunch, Dinner
Accommodation	N/A

Start walking towards Amalfi, a town popular with the British since Edwardian times when the upper classes favoured it as a pleasant place to spend their winters. The route has a downhill bias, following the path from Bomerano at 700m to the shores of the Mediterranean, accompanied by wonderful coastal views. There are sections of steps today (approx. 2000 in total), but there are also plenty of opportunities to rest and go at your own pace. On arrival, you will see the large Duomo (Cathedral) dominating the town with its brightly-coloured tiled cupola (dome), which along with the baroque facade and interior, is a typical example of regional architecture. Take some time to explore the town, swim in the small bay or enjoy a well-earned gelato before taking the transfer back to Bomerano.

DAY 4

Destination	Bomerano 🚌 Bay of Naples 🚌 Bomerano
Meals included	Breakfast, Dinner
Accommodation	N/A

Transfer to the Bay of Naples, the area spanning between the region's capital city, Naples, and the town famed for its lemon groves, Sorrento. Situated on the lower foothills of the volcano dominating the Gulf, Pompeii was a thriving port town until Vesuvius' catastrophic eruption spanning two days in 79AD during which the city was buried in ash and

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pumice. Lost for 1700 years, Pompeii is now a UNESCO World Heritage site as the perfectly preserved remains give us an amazing insight into life in a Roman city, complete with bathhouses, bakeries and homes – some of which still have walls adorned with detailed frescoes. You may take some time to explore the site this morning, perhaps opting for a detailed tour accompanied by a local guide. After lunch, travel by bus high up onto the slopes of Vesuvius to view the volcanic crater. Depending on weather conditions, it may be possible to take one of the many extended walks around the caldera and beyond, led by an expert volcanologist (optional).

DAY 5

Destination	Bomerano 🚌 Ravello 🚶 Amalfi
Meals included	Breakfast, Lunch, Dinner
Accommodation	N/A

Today's walk starts in Ravello, a town much favoured by the Bloomsbury set and other artists and intellectuals due to its secluded location and inspirational scenery. Before setting off for the walk we have some free time to explore the town and visit Villa Cimbrone or Villa Rufolo with their meticulously landscaped gardens and breath-taking views out to the sea (optional). The route today is mostly downhill but it does include a considerable amount of steps. After descending and taking a quick stop in the village of Pontone, we continue through wooden bridges and shady paths carpeted with wild flowers in season, to the beautiful moss-clad waterfalls within the closed gates of the Valle delle Ferriere National Park. Finally, following the stream gently downwards through lemon groves, past the shells of former paper factories (a major local industry from the 12th to 19th centuries) and mediaeval ironworks we reach Amalfi.

DAY 6

Destination	Amalfi
Meals included	Breakfast
Accommodation	N/A

Today we have a day at leisure to relax at the hotel or go down to the seafront. The hotel also offers private transfers (payable locally) to the most popular attractions in the region not covered during the rest of the week, including the city of Herculaneum. Also destroyed during the disaster of 79AD, Herculaneum was buried in mud rather than ash and it is said that this led to the site being even better preserved than the bigger Pompeii. You might instead choose to take a ferry to the chic island of Capri and the funicular through lemon groves up to Capri town. These optional excursions can be arranged locally by your leader. Alternatively, spend the free day by the pool or in true Italian style in a café, sipping espresso and watching the world go by!

DAY 7

Destination	Amalfi 🚶 Positano 🚶 Amalfi 🚌 Bomerano
Meals included	Breakfast, Lunch, Dinner
Accommodation	N/A

A fitting finale to the week is one of the world's finest day walks. Leaving the hotel it's a short stroll through the quiet village of Bomerano before we join the 'Sentiero degli Dei' (Walk of the Gods), thus named as it provides some of the most evocative views in the world, of ragged cliffs speckled with tiny villages and extensive views of the sparkling Mediterranean sea. The route follows undulating hills, carpeted with flowers in season, the contours of the land and the coast. The trail is broken by insights into local life, passing shepherds huts and ancient stone houses carved into the limestone before we descend a long series of steps to the colourful Positano, an almost vertical town clinging to

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the rock face of a sheltered bay. Take some time to explore the alleyways lined with wisteria and designer boutiques or have a dip in the clear water of the beachfront before returning to Bomerano by boat and bus (seasonal) in the late afternoon. During the week many meals will have included some delicious local smoked mozzarella cheese and before dinner, we will have the chance to see how it is made and taste the mouth-wateringly fresh final product.

DAY 8

Destination	Bomerano
Meals included	Breakfast
Accommodation	N/A

Trip ends in Bomerano.

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Inclusions

WHATS INCLUDED

All breakfasts, 4 packed lunches and 6 dinners
All accommodation
All transport and listed activities
All transport by private minibus and boat
7 nights family-run hotel with small outdoor swimming pool and en suite facilities
4 days centre-based guided walking; 1 sightseeing day with additional optional walk and 1 free day
Walk the heady 'Path of the Gods' to Positano
Stroll through Amalfi's cobbled streets
Discover 2000 year-old history in Pompeii
Feel at home at our family-run hotel with pool
All transport by private minibus and boat
Superior twin share accommodation
Sightseeing and transportation as per the itinerary

Fine Print

HOW TO BOOK & PAYMENTS

Deposit & Payments

Book now and secure your package with only a \$250 deposit per person.
Pay a 2nd instalment of \$471 per person within 28 days.
You will then be invoiced for final payment 90 days prior to departure.
Booking Process

Select the purple 'Reserve Your Seat' tab to begin your booking (you must 'Sign Up' first by entering your email and creating a password)
Then select the purple 'Book now' tab of the tour you have selected
Select your Departure Date, Departure City, Number of Passengers, Room Configuration, any Upgrade Options, and enter any Special Requests
Click the purple 'Proceed to Secure Checkout' tab
Enter your credit card or PayPal details to secure your deposit/payment. You may also pay via BPAY (not available within 70 days of departure)
Once your order is complete, you will be prompted to complete a Booking Form so that we can fulfil your booking
Your position on the tour will be confirmed within 48 hours of completing your order. If your place cannot be confirmed, a full refund of the deposit will occur

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OPTIONAL TOURS	None
EXCLUSIONS	International Airfares Personal Expenses Travel Insurance Optional activities Anything not mentioned in the itinerary or optional
HOTEL LIST	<p>We spend 7 nights at the 3-star Hotel Due Torri in Bomerano, a small village in the municipality of Agerola, set high above the Amalfi Coast at an altitude of approximately 700m. Run by the warm and welcoming Acampora family, the Hotel Due Torri is well known for its great local cuisine, providing authentic dishes of the Campania region as well as fun pizza-making demonstrations. All rooms have en suite facilities, air conditioning, TV with international channels and free Wi-Fi.</p> <p>A limited number of superior rooms (with facilities including Jacuzzi bath, power showers and fridge) are also available for a supplement from £180 or equivalent per room payable pre-departure. Please ask your sales consultant for further info.</p> <p>Being higher up in the hills the property offers the benefit of cooler nights, although beaches are not too far away and there is a small outdoor pool (usually open from mid-April to mid-October, weather dependent). The village is generally quiet and provides a relaxing contrast to the busier towns by the sea.</p> <p>On occasion if the hotel is full you might be offered (upon booking) to stay at an alternative accommodation located within walking distance from the Due Torri. Guests staying at alternative accommodation will still make use of all the facilities of Hotel Due Torri, including the pool and restaurant.</p>

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IMPORTANT INFORMATION

Accommodation

The accommodation listed is subject to change. Any changes will be of an equal or higher standard. Bedding configurations (double or twin) are requests only. All efforts will be made to meet your preferences, however, any changes are beyond our control.

Single Supplement

A single supplement is available on all nights of this trip from an extra \$533 subject to availability.

Triple Share

Not available.

Children

Children must be 5 years old or over and share a room with parents at all times. Children are charged the same price as adults.

Tour Documentation

Final documentation will be provided approximately 30 days prior to travel.

Activity Level 3 Moderate

You are moderately fit and possess a spirit of adventure. Some previous experience is required for most activity based trips.