

13 DAYS CANADIAN ROCKIES WILDERNESS WALK

DESTINATIONS

—

CALGARY

TOUR ITINERARY

DAY 1

Destination	Calgary
Meals included	
Accommodation	N/A

Welcome to Calgary, gateway to the Canadian Rockies, where you can take time before the tour begins to explore this cosmopolitan city with its skyscrapers and booming oil industry. Calgary has historically been famous for its 'Wild West' roots but in recent years has become a dynamic and exciting city. It oozes Western culture, a feature that earned it the nickname 'Cowtown' - evident in the Calgary Stampede. Join your tour guide and fellow travellers for a welcome meeting at 18:00 hrs in the hotel lobby.

DAY 2

Destination	Calgary 🚗 Lake Louise 🏠 Lake Agnes Trail 🏠 Lake Louise
Meals included	Lunch, Dinner
Accommodation	N/A

Today we go west in the heart of the Rockies, onto Lake Louise, our base for the next three nights. Upon arrival, take in the epic panorama of the Chateau Lake Louise and warm up those hiking boots with a walk on the Lake Agnes Trail beside the emerald coloured lake for views of Victoria Glacier. Hike through old-growth forest before reaching spectacular views of Lake Louise from above and then continue along the trail until you reach Lake Agnes and a rustic teahouse, providing much needed refreshment before the descent back down to our campsite near Lake Louise.

DAY 3

Destination	Lake Louise 🏠 Sentinel Pass
Meals included	Breakfast, Lunch, Dinner
Accommodation	N/A

Take a short transfer to Moraine Lake, neighbour to Lake Louise and situated in the scenic Valley of the Ten Peaks. Hike along the Larch Valley before climbing to Sentinel Pass for magnificent views of Banff National Park backcountry. Keep your eyes peeled for wildlife including elk, porcupine and bears, which are often sighted on the trail. From here you can either hike back or start your descent along the Paradise Valley to end this loop trail. This is one of Banff's premier hiking trails, so we are likely to see a few fellow hikers on the trail too.

DAY 4

Destination	🚗 Yoho National Park 🏠 Iceline Trail
Meals included	Lunch, Dinner
Accommodation	N/A



Cross the Continental Divide north along the Kicking Horse River towards Yoho National Park. Yoho means 'wonder' in the Cree Indian language, and is home to some beautiful alpine scenery, which is best explored on foot. The trail today delivers striking views of Takakkaw Falls, Daly Glacier and Yoho River. Overshadowed by the neighbouring parks of Banff and Jasper, Yoho National Park is the hidden treasure of the Canadian National Parks System. If you don't fancy

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seeing the trail through the entire 21kms, you can hike a section of the trail and join an optional rafting excursion in the afternoon, on the glacier fed Kicking Horse River.

DAY 5

Destination	 Jasper National Park  Parker Ridge Trail
Meals included	Breakfast, Lunch, Dinner
Accommodation	N/A


Our journey continues over to Jasper National Park - keep your eyes peeled for wildlife such as Black bears and Rocky Mountain Bighorn sheep which are in abundance. On the way we stop to hike the Parker Ridge trail with the chance to see the Saskatchewan Glacier. The trail climbs quickly until it gets above the treeline. The trail does not actually reach the summit of Parker Ridge, but it comes within about 60 vertical meters of it and the views are simply incredible. Tonight, we set up camp underneath the watchful gaze of Jasper's rugged peaks, our home for the next three nights. On our way along Icefield's Parkway there is the opportunity for a hike on Athabasca Glacier (please let your guide know on day one if you're interested as this activity is prone to selling out).

DAY 6

Destination	Jasper National Park  Cavell Meadows
Meals included	Breakfast, Lunch, Dinner
Accommodation	N/A

Jasper is much quieter than some other national parks, making it easier to leave the crowds behind. We take the trail to Cavell Meadows at the foot of Angel Glacier for a true wilderness feel. After climbing up, we'll reach the alpine terrain with great chance to watch caribous! This is a great way to find out more about the ever-changing environment of this stunning national park.

DAY 7

Destination	Jasper National Park  Sulphur Skyline Trail
Meals included	Breakfast, Lunch, Dinner
Accommodation	N/A

Today we hike the Sulphur Skyline trail which has some of the most breathtaking panoramas that Jasper has to offer. The five mile trek to the mountain peak overlooks a phenomenally rugged section of the Canadian Rockies. Of course, a great way to finish the day is with a soak in Miette Hot Springs to ease those aching muscles, which is why we've included this for you (don't forget your swimwear).

DAY 8

Destination	 Icefields Parkway  Landslide Lake
Meals included	Breakfast, Lunch, Dinner
Accommodation	N/A

We take a short helicopter flight today to the area of Landslide Lake where we'll be dropped in the alpine, far away from other hikers, for a wilderness trek like no other! We set up our camp here for the next three nights in an area of

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wilderness devoid of other travellers, facilities, picnic tables or the modernities of everyday life. It is important to be aware that you will not be staying in a campsite, this is the Canadian wilderness and your guide will set up tents where it's best; there is no pre-determined camping spot. You will not have access to showers or modern toilets during your three night stay, and each day your guide will hoist food into the trees and away from bears. After arrival and having set up your camp, your guide will take you on a hike around the Landslide Lake area.

Please note: We ask that customers take no more cargo than 20 pounds each (including carry-on) for these 3 nights and that it is packed in a soft small gym bag. If you wish to leave luggage behind, this can be stored inside the trailer, which is left parked at the helicopter company.

DAY 9

Destination	Landslide Lake
Meals included	Breakfast, Lunch, Dinner
Accommodation	N/A

We have many options for the next two days ranging from steady walks through alpine meadows to strenuous treks to surrounding ridges. The tour guides will suggest hiking choices such as the 'Lake of the Fall' hike or hike along an unnamed pass. All hikes offer a truly unforgettable experience in the wilderness of the Canadian Rockies, but it is important to remember that there are no designated trails - you're in the complete wilderness here where there aren't any 'official trails'.

DAY 10

Destination	Landslide Lake
Meals included	Breakfast, Lunch, Dinner
Accommodation	N/A

We will be walking on public land but this area is ungoverned by a national park. Your guides will make decisions based on the capabilities of the group. They carry bear spray which will be on hand in the rare event that it is required.

DAY 11

Destination	Landslide Lake ➔ Banff National Park
Meals included	Breakfast, Lunch, Dinner
Accommodation	N/A

We depart the Landslide Lake area this morning on a spectacular helicopter flight out of the wilderness, to Cline River. Our journey continues by road towards Banff National Park. Banff is our base for the next two nights, giving us the opportunity to discover even more wonderful hiking trails. This afternoon we'll discover Minnewanka Lake, a large glacier lake of 5 kilometres, for an easy hike by the rocky shore. Alternatively you can simply relax by the water, visit the Banff area, relax on Banff Upper Hot Springs or rent a canoe and paddle along the Bow River for a little watery adventure.

DAY 12



Destination	Banff National Park 🏠 Cory Pass
Meals included	Breakfast, Lunch
Accommodation	N/A

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Today's walk is a 14-km loop trail. This is a strenuous workout up 981m to the Cory Pass, behind Mt. Edith, past Mt. Louis and through the Edith Pass on the way back to the trailhead. From the Fireside Picnic area, we follow the trail 1km to the Cory pass junction, and then climb most of the 915m over the remaining 4.5 km, eventually reaching above the tree line. There are several points to take photos and catch your breath along the way. Once through the Cory pass you will follow a rough trail for about 3.5 km through scree fields and across avalanche paths until you rejoin the main hiking trail at Edith Pass. Descend along the drainage through the forest between Mt. Norquay and Mt. Edith until you loop past the Cory Pass junction again and then to the trailhead. This is a really good hike and a favourite of the local climbing community.

DAY 13

Destination	 Cascade Amphitheatre  Calgary
Meals included	Breakfast
Accommodation	N/A

Our tour is nearly coming to an end but there is time for one last chance to hit the trails! Today depends on the weather conditions, but we will more than likely hike the Cascade Amphitheatre trail. This hike begins at the Mt. Norquay ski area, crosses a bridge over Forty Mile Creek, then traverses through dense forest to the Cascade Amphitheatre. As you emerge into the amphitheatre, enclosed by limestone cliffs, there are usually wildflowers (in the early season). After this we'll return to Calgary where the tour ends at approximately 17:00 hrs.

We can book your post-tour accommodation if required. If you are planning to fly tonight, please do not book a flight that departs before 21:00 hrs.

TOUR ITINERARY

Inclusions

WHATS INCLUDED

All accommodation
11 breakfasts, 11 lunches & 9 dinners
All transport and listed activities
Tour leader throughout
Hike through the wilderness of the Canadian Rockies on a series of named hiking trails
Enjoy a three night heli-hike experience within the Canadian wilderness area of Landslide Lake
Drive the breathtaking Icefields Parkway
Forested walks through alpine covered valleys and wildlife viewing opportunities
Views of Saskatchewan Glacier and Moraine Lake
Three nights in the Lake Louise area and three nights in Jasper National Park
Walk to Takakkaw Falls in Yoho National Park
Superior twin share accommodation
Sightseeing and transportation as per the itinerary

Fine Print

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TOUR ITINERARY

HOW TO BOOK & PAYMENTS

Deposit & Payments

Book now and secure your package with only a \$550 deposit per person.

Pay a 2nd instalment of \$969 per person within 28 days.

You will then be invoiced for final payment 90 days prior to departure.

Booking Process

Select the purple 'Reserve Your Seat' tab to begin your booking (you must 'Sign Up' first by entering your email and creating a password)

Then select the purple 'Book now' tab of the tour you have selected

Select your Departure Date, Departure City, Number of Passengers, Room Configuration, any Upgrade Options, and enter any Special Requests

Click the purple 'Proceed to Secure Checkout' tab

Enter your credit card or PayPal details to secure your deposit/payment. You may also pay via BPAY (not available within 70 days of departure)

Once your order is complete, you will be prompted to complete a Booking Form so that we can fulfil your booking

Your position on the tour will be confirmed within 48 hours of completing your order. If your place cannot be confirmed, a full refund of the deposit will occur

OPTIONAL TOURS

Day 4:

Whitewater rafting CA\$120-\$173

Day 5:

Guided glacier walk CA\$100 (CA\$60 for under 17s)

Day 7:

Mountain biking CA\$20 per hour

SkyTram cable car CA\$50

EXCLUSIONS

International Airfares

Personal Expenses

Travel Insurance

Optional activities

Anything not mentioned in the itinerary or optional

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HOTEL LIST

This camping tour uses national and state park campsites and also a wide assortment of private campgrounds. These will not always be within the national park boundaries but we select the best from what is available in each area. Most will have flush toilets and hot showers however, some may charge an additional fee of \$1-\$3 for use of the showers. You sleep in high quality, tents which single travellers share with one other passenger of the same sex. Camping equipment also includes field kitchens, inflatable sleeping pads, food storage and camp lanterns and chairs. Most campsites have a quiet time from 22:00 hrs to 07:00 hrs. Please respect your fellow campers who are there to enjoy the peace and tranquillity of camping.

The accommodation on our tours is based on twin-share, so if you're travelling on your own, you'll share with a fellow passenger of the same sex. However, if you would prefer your own space we offer a single supplement where you can have your own tent for an additional fee. Please note that this excludes campsites in Jasper National Park, Banff National Park and the McLaren Lodge on any Canada and Alaska itineraries.

IMPORTANT INFORMATION

Accommodation

The accommodation listed is subject to change. Any changes will be of an equal or higher standard. Bedding configurations (double or twin) are requests only. All efforts will be made to meet your preferences, however, any changes are beyond our control.

Single Supplement

A single supplement is available upon request.

Triple Share

Not available.

Children

Children must be 5 years old or over and share a room with parents at all times. Children are charged the same price as adults.

Tour Documentation

Final documentation will be provided approximately 30 days prior to travel.

Activity Level 3 Moderate

You are moderately fit and possess a spirit of adventure. Some previous experience is required for most activity based trips.

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