

15 DAY BALI & LOMBOK ADVENTURE

DESTINATIONS



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TOUR ITINERARY

DAY 1

Destination	Ubud
Meals included	
Accommodation	N/A

Om Swastiastu! Welcome to Ubud, Bali's largest Hindu town, and artistic and cultural heart. Your adventure begins with a welcome meeting at 6 pm. Afterwards, perhaps head out to for a group meal at one of the delicious local restaurants.

Accommodation Resort (1 night)

Meals Included There are no meals included on this day.

Special Information If you have prebooked an airport arrival transfer upon arrival at Bali please make your way to the Golden Bird Lounge after clearing immigration. After you exit customs walk to the Golden Bird Lounge which is on the right side (around 50 meters from where you exit customs). The Golden Bird lounge is before the area where all the drivers are waiting.

See our guide to Ubud here: intrepidtravel.com/adventures/what-to-do-in-ubud-bali

It's very important that you attend the welcome meeting as we will be collecting insurance details and next of kin information at this time. If you are going to be late please let your travel agent or hotel reception know. Ask reception or look for a note in the lobby for more information on where the meeting will take place.

DAY 2

Destination	Ubud
Meals included	Breakfast
Accommodation	N/A

Start the day with a guided walking tour (about 2.5 hours). Gain an insight into daily village life as you pass lush rice fields, an along along valley (type of wild grass used to make the roof of traditional buildings) and stop by a Balinese home for coffee. The tour ends in central Ubud, where you'll have time to explore the many cafes, galleries and shops on your own. In the evening sit down to a Kecak dance performance. Driven not by musical instruments, but by human chanting, this fascinating theatrical performance is considered a highlight by many travellers.

Accommodation Resort (1 night)

Included Activities Ubud - Campuhan Ridge & Village walk Ubud - Kecak dance performance

Optional Activities Ubud - Saraswati Temple Lotus Garden - Free Ubud - Whitewater rafting - IDR740000

Meals Included Breakfast

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DAY 3

Destination	Ubud 🚗 Sidemen
Meals included	Breakfast
Accommodation	N/A

Today you'll explore the area from a different angle – from the saddle of a bike. Enjoy a 2.5-hour tour through backstreets, villages and rice fields. It's a relatively easy ride – much of the route is downhill – and there will be plenty of opportunities to stop for photos or a brief rest. You'll also stop to check out some small, intricately carved temples, before concluding your bike tour back in Ubud. After refuelling at lunch, head for the hills to the village of Sidemen, travelling by private minivan (about 2 hours). Set against a backdrop of Bali's highest peak, Mt Agung, the peaceful village of Sidemen is proof that Bali still has some pockets that are untouched by tourism.

Accommodation Hotel (1 night)

Included Activities Ubud - Bayung Gede (Kahyangan) Village to Tampak Siring cycling tour

Meals Included Breakfast

Special Information Bicycle helmets are included on your ride, and there is a support vehicle if the going gets too tough.

Keep in mind, it's a little cooler up here, thanks to the elevation. You may need to pack some warmer clothes.

DAY 4

Destination	Sidemen 🚗 Mt Batur
Meals included	Breakfast, Lunch
Accommodation	N/A

Take a morning walk (approximately 2 hours) around Sidemen, visiting the craftspeople of the local songket weaving industry, a traditional 'bungkus' lunch is included. The walk is a great chance to take in the beautiful scenery. Continuing your journey higher into the mountains, drive along the crater rim road to a fishing village on the edge of Lake Batur (approximately 2 hours). Volcanic Mt Batur (1717 metres/5633 feet) sits inside a stark and spectacular caldera and with Lake Batur below, it's a stunning sight. The lake supports the local fishing industry, while many of the villagers work as guides for the volcano climb. Your accommodation at the base of Mt Batur is a hotel with a restaurant. This is a great location to start tomorrow's early morning trek without extra travelling time.

Accommodation Hotel (1 night)

Included Activities Sidemen - Village tour & traditional lunch

Meals Included Breakfast Lunch

Special Information There are often mosquitos and bugs around Lake Batur, so be sure to pack your insect repellent. Long pants and sleeves will also be useful to protect from insects.

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DAY 5

Destination	Mt Batur 🚗 Lovina
Meals included	Breakfast
Accommodation	N/A

It's a very early start today – you'll have to wake at 3 am to begin the 1.5 to 2-hour walk to the summit of Mt Batur in order to reach it before sunrise. Trust us, it's worth the effort. On a clear morning, it's possible to see all the way across the Lombok Strait to the peaks of Lombok's Mt Rinjani. The view of the gorgeous sunrise over the valleys of Bali may well be the most memorable part of your trip. Do keep in mind, however, that the weather can be unpredictable and sometimes the view is obscured by clouds. After descending the volcano, there's an option to soak in hot springs with fantastic views over the lake and caldera. Then make the journey from the mountains to the small coastal town of Lovina (approximately 3 hours). Lovina is famous for the dolphins that patrol its coast. It's also a great spot for fine food, traditional massages and yoga.

Accommodation Hotel (1 night)

Included Activities Mt Batur - Sunrise volcano climb Optional Activities Mt Batur - Hot springs - IDR300000

Meals Included Breakfast

Special Information The summit trail starts more easily, while heading to the crater it climbs steeply with switchbacks over volcanic rocks and gravel. A good level of fitness is required. The path can be slippery, particularly after rain so good shoes are essential. Please bring your headtorch and a warm layer to wear at the summit. The climb may be cancelled during heavy rain and unsafe conditions.

DAY 6

Destination	Lovina
Meals included	Breakfast, Lunch, Dinner
Accommodation	N/A

Enjoy a day of snorkelling amongst Menjangan Island's coral reef, part of the Bali Barat National Park. You will travel 1.5 to 2 hours by road (each way) and then take a boat ride of around 20 mins into the National Park at Menjangan. On the way back, you'll stop for a soak at Banjar Hot Springs, a small spring popular with locals. Tonight, head to Ibu Wayan's to learn about Balinese cuisine before sitting down to a home-cooked meal.

Accommodation Hotel (1 night)

Included Activities Lovina - Menjangan Island Reef snorkeling tour Lovina - Banjar Hot Springs Optional Activities Lovina - Yoga class - IDR120000

Meals Included Breakfast Lunch Dinner

Special Information After a storm or erratic weather there can be a problem with rubbish in the water around Menjangan, and also throughout Bali's coastal areas.

Intrepid does not support dolphin-watching trips as an optional activity, as there is little regulation of this activity. Previous travellers have raised concerns over many motorised boats pursuing dolphin pods.

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DAY 7

Destination	Lovina 🚗 Munduk 🚗 Bedugul
Meals included	Breakfast
Accommodation	N/A

After breakfast, visit the local market then head to the tiny hilltop village of Munduk (approximately 1 hour) where you'll walk through aromatic clove and coffee plantations to a spectacular hidden waterfall, (it's a good idea to pack warm clothing as the early mornings and evenings can be quite cool). Continue inland and stop at Lake Bratan for a delightful view of Pura Ulun Danu Bratan, a Hindu-Buddhist temple set on a small island in the lake. It's then a short drive to the picturesque mountain town of Bedugul where you will spend the night.

Accommodation Hotel (1 night)

Included Activities Munduk - Waterfall walk Lovina - Seririt Market visit Bedugul - Pura Ulun Danu Bratan Temple

Meals Included Breakfast

Special Information Our accommodation here has no air conditioning, as it is not generally required in the cooler climate of Bedugul.

DAY 8

Destination	Bedugul 🚗 Sanur
Meals included	Breakfast
Accommodation	N/A

Start the day with a drive to a village (approximately 30 minutes), where you'll join a local family in making a traditional Balinese blessing. Be welcomed into their home with a drink and delicious cake, before learning how to make an offering (canang) and gain a better understanding of this daily ritual that you will see all over Bali. Afterwards, visit their small spice garden and enjoy the surrounding views overlooking Batukaru Mountain. Continue by minivan to Sanur (approx 1.5 hours) and enjoy some free time there in the afternoon. Perhaps enjoy a stroll along Bali's first beachfront walk, watch the fishermen in the shallows or kick back and relax at one of the beachside restaurants. Get a feel for the traditions and local customs which are well maintained here. Ancient temples are also easily accessible – just a short distance away from the beach.

Accommodation Hotel (1 night)

Included Activities Bedugul - Balinese offering in local home

Meals Included Breakfast

DAY 9

Destination	Sanur 🚗 Padan Bai [Boat] Senggigi 🚗 Tetebatu
Meals included	Breakfast
Accommodation	N/A

Travel by minivan from Sanur to the port of Padang Bai (approximately 1.5 hours). Then you'll take a fast boat that takes you from Bali to Lombok (approximately 1.5-2 hours). Stop for lunch in a basic Warung – a traditional Indonesian style

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cafe, before taking a mini bus to Tetebatu (approximately 2 hours). On the way, stop at Masbagik Village which is well known for its pottery products and where you will get to see the pottery being made and enjoy a short walk around the village. The hill retreat of Tetebatu is situated in the centre of Lombok, at the southern base of Mt Rinjani, and boasts spectacular views. Tonight you will enjoy an included dinner at a family run restaurant that provides traditional Lombok style cuisine.

Accommodation Guesthouse (1 night)

Included Activities Masbagik - Village walk & pottery demonstration Optional Activities Tetebatu - Gendang Blake Performance - IDR150000 Lombok - Tradional wedding - IDR750000

Meals Included Breakfast Dinner

Special Information

Traditionally in Lombok, weddings are normally held on Sundays. Sometimes our local leaders may know about a wedding that coincides with your visit to Lombok. If this is possible your group leader can organise for you to attend a local wedding and help you to understand the many customs that you will see and experience. You will need to be dressed appropriately so they will organise traditional clothes to be hired and a small donation is given to the bride and groom. Please note this activity is only offered when a wedding coincides during your village visit.

DAY 10

Destination	Tetebatu 🗨️ Labuhan Pandan
Meals included	
Accommodation	N/A

Enjoy a guided walk through lush rice fields and see how the region's farmers have tended the land for centuries, still using traditional water buffalo ploughs. Climb a little higher and pass through clove and coffee plantations and stop at a local warung to try some local coffee (approximately 2.5 hours total). Visit the local village of Pringgasela to learn traditional weaving and enjoy a delicious Sasak feast. In the afternoon return to the hotel, then travel to Labuhan Pandan on the East Coast of Lombok. This remote beachside location is little visited by tourists. Tonight we will stay in our bungalow accommodation amid the peace and quiet of the secluded coast.

Accommodation Beach bungalow (1 night)

Included Activities Pringasella - Village walk & Sasak feast

Meals Included Breakfast Lunch

DAY 11

Destination	Labuhan Pandan
Meals included	
Accommodation	N/A

Take a trip out to the nearby coral reef and enjoy some fantastic snorkelling off the boat. Stop in at a secluded island for lunch with Mt Rinjani towering over Lombok. Tonight, eat a fresh seafood barbecue on the beach.

Accommodation Beach bungalow (1 night)

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Included Activities Labuhan Pandan - Snorkeling & picnic lunch Labuan Pandan - BBQ dinner

Meals Included Breakfast Lunch Dinner

DAY 12

Destination	Labuhan Pandan 🚗 Senaru
Meals included	
Accommodation	N/A

Travel by minibus around the spiritual centre and sleeping giant of the island, Mt Rinjani (approx 2 hours). Arrive around midday at Senaru, a small, rustic village nestled between the base of Mt Rinjani and the edge of the jungle. Take a guided tour of the local Sasak village to learn about the history and culture of these people who have long lived on the slopes of Mt Rinjani. Here our local guide is part of a female guiding association that trains and develops women in tourism. You will also take a walk to the spectacular Singang Gila waterfall, and perhaps take a refreshing shower underneath it.

Accommodation Guesthouse (1 night)

Included Activities Senaru - Waterfall walk Senaru - Sasak village walking tour

Meals Included Breakfast

DAY 13

Destination	Senaru 🚗 Gili Air
Meals included	
Accommodation	N/A

Continue to the west coast today by minibus (approximately 2.5 hours). The Gili Islands (Tiga Gili) are an archipelago of three small islands – Gili Trawangan, Gili Meno and Gili Air. Transfer by small boat to Gili Air (approximately 30 minutes), where you can take in the breezy atmosphere and stroll down stunning white beaches that rival those of the neighbouring islands. Your hotel is about a 15-minute walk from the port. Your bags can be transported by cidemo (horse cart) from the port to the hotel.

Accommodation Hotel (1 night)

Meals Included Breakfast

Special Information Our accommodation on the island has private outdoor bathrooms, with a lockable external door.

DAY 14

Destination	Gili Air
Meals included	
Accommodation	N/A

The island is your oyster and today is completely free to relax or explore. Perhaps take in another snorkeling trip, or catch a ferry across to the other islands of Gili Trawangan and Gili Meno and see who has the better beaches. This

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evening enjoy an optional final group dinner on the beachfront as you say farewell to your fellow travellers.

Accommodation Hotel (1 night)

Optional Activities Gili Air - Yoga Class - IDR120000 Gili Air - Cooking Class - IDR395000

Meals Included Breakfast

Special Information Our accommodation on the island has private outdoor bathrooms, with a lockable external door.

DAY 15

Destination	Gili Air
Meals included	
Accommodation	N/A

Your trip comes to an end today. Perhaps extend your stay on the blissful Gili Air.

Meals Included Breakfast

Special Information If you are flying out of Bali Denpasar Airport, or Lombok International Airport, please allow enough time for boat and land transfers before your flight. We suggest you don't book flights out of Bali before 7pm or before 1pm from Lombok. Please ask your booking agent for further information on pre-booking this service. Check out time is 11.30am.

TOUR ITINERARY

Inclusions

WHAT'S INCLUDED

Small, personal group experience – no more than 12 people
Experienced Tour Leader throughout
Accommodation: Beach cabin (2 nights), Guesthouse (2 nights), Hotel (10 nights)
14 breakfasts, 4 lunches, 3 dinners
Transport: Boat, Bicycle, Private Van
Visit Ubud, Sidemen, Mt Batur, Lovina hot springs, Bedugul, Go sknorkelling in Labuhan Pandan and take a Sasak village walking tour in Senaru

Fine Print

OPTIONAL TOURS

Ubud - Saraswati Temple Lotus Garden (Day 2) - Free
Ubud - Whitewater rafting (Day 2) - IDR740000
Mt Batur - Hot springs (Day 5) - IDR300000
Lovina - Yoga class (Day 6) - IDR120000
Seminyak - Bali VW Spa Safari Urban Adventure (Day 8) - IDR1150000
Seminyak - Bali VW Cocktail Safari Urban Adventure (Day 8) - IDR800000
Sanur - Morning Cycling Tour (Day 8) - IDR330000
Balinese Massage (Day 8) - IDR150000
Sanur - Yoga Lesson (Day 8) - IDR120000
Sanur - Cooking Class (Day 8)- IDR700000
Rip Curl Surfing Lesson Sanur Beach (Day 8) - IDR750000
Tetebatu - Gendang Blake Performance (Day 9) - IDR150000
Lombok - Tradional wedding (Day 9) - IDR750000
Gili Air - Yoga Class (Day 14) - IDR120000
Gili Air - Cooking Class (Day 14) - IDR395000

HOTEL LIST

Beach cabin (2 nights), Guesthouse (2 nights), Hotel (10 nights)

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HOW TO BOOK & PAYMENTS

Deposit & Payments

Book now and secure your package with only a AUD \$200 deposit per person.

Pay a 2nd instalment of AUD \$500 per person within 28 days.

You will then be invoiced for final payment 90 days prior to departure.

Booking Process

Select the purple 'Reserve Your Seat' tab to begin your booking (you must 'Sign Up' first by entering your email and creating a password)

Then select the purple 'Book now' tab of the tour you have selected

Select your Departure Date, Departure City, Number of Passengers, Room Configuration, any Upgrade Options, and enter any Special Requests

Click the purple 'Proceed to Secure Checkout' tab

Enter your credit card or PayPal details to secure your deposit/payment. You may also pay via BPAY (not available within 70 days of departure)

Once your order is complete, you will be prompted to complete a Booking Form so that we can fulfil your booking

Your booking is confirmed once your Booking Form is submitted and you can begin the countdown to your Inspiring Vacation!

EXCLUSIONS

Airfares

Personal Expenses

Travel Insurance

Optional activities

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IMPORTANT INFORMATION

Accommodation

The accommodation listed is subject to change. Any changes will be of an equal or higher standard. Bedding configurations (double or twin) are requests only. All efforts will be made to meet your preferences, however, any changes are beyond our control.

Single Travellers

This trip is designed for shared accommodation and doesn't involve a compulsory single supplement. Single travellers share with people of the same gender in accommodation ranging from twin to multishare. This only applies to accommodation during the tour - pre-trip and post-trip accommodation will be booked on a single room basis.

Single Supplement

A single supplement is available for this trip for an extra AUD \$540 in addition to the single person price. The Single Supplement excludes Day 10, Day 11 (small guesthouse in Labuan Pandan) and 12 (small hotel in Senaru) where you will be in shared accommodation.

Triple Share

On Request

Children

Children must be 15 years old or over and share a room with parents at all times.

Finishing Point

This trip concludes on Gili Air. There closest departure flights operate from Bali (Ngurah Rai) Airport or Lombok International Airport. You can travel by fast boat back to Bali or Lombok. Please allow sufficient time for daily boat transfers and travelling time to meet your onward arrangements. We recommend onward flights that depart after 7pm from Bali or after 1pm from Lombok.

Tour Documentation

Final documentation will be provided approximately 30 days prior to travel.