

12 DAY HIGHLIGHTS OF THE FROZEN CONTINENT

DESTINATIONS

—

BUENOS AIRES

TOUR ITINERARY

DAY 1

Destination	Buenos Aires
Meals included	
Accommodation	N/A


This adventure starts with an overnight stay in Buenos Aires, the bustling capital of Argentina. Spend the evening at your leisure and discover ‘Paris of South America’ for yourself on a warm spring or summer day.

DAY 2

Destination	Buenos Aires ➔ Ushuaia
Meals included	Dinner
Accommodation	N/A


Fly early in the morning to Ushuaia, where MS Fridtjof Nansen awaits. Once on board, we kick off our journey with a welcome dinner.

DAY 3

Destination	 Drake Passage
Meals included	Breakfast, Lunch, Dinner
Accommodation	N/A


Prepare yourself for Antarctica as we cross the famed Drake Passage. During the voyage south, the Expedition Team starts the lecture programme, giving you information about Antarctica’s fascinating history and environmental science.

DAY 4

Destination	 Drake Passage
Meals included	Breakfast, Lunch, Dinner
Accommodation	N/A

Continue to cross the Drake Passage. You will have the opportunity to learn how to make your visit to Antarctica as safe and as sustainable as possible and you’ll join Citizen Science programmes to help collect data for current scientific research. This is also a good opportunity to enjoy all the amenities of your advanced hybrid powered expedition ship.

DAY 5

Destination	 Antarctica
Meals included	Breakfast, Lunch, Dinner
Accommodation	N/A

Antarctica never fails to inspire awe and wonder, with white horizons above oceans full of icebergs and whales. Perhaps even more awe-inspiring will be your first encounter with the huge colonies of penguins.

Our Expedition Team will lead ice-cruising and landings at every opportunity to come ashore and explore the impressive Antarctic scenery. From deck, there are great chances to spot whales. Of course, this is true wilderness, so nature is in charge, but our experienced captain will work with the elements to create the best possible itinerary for

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your adventure.

We will attempt landings at several sites in the South Shetlands and on the Antarctic Peninsula and aim to bring you to the incredible diversity of landscapes and rich wildlife on display in this pristine wilderness.


Wherever we explore, the sights and sounds and of Antarctica are sure to stay with you for a lifetime!

DAY 6

Destination	 Antarctica
Meals included	Breakfast, Lunch, Dinner
Accommodation	N/A

Another magical day in Antarctica learning about the natural flora and fauna, joining Zodiac landings and various activities (weather depending).

DAY 7

Destination	 Antarctica
Meals included	Breakfast, Lunch, Dinner
Accommodation	N/A


Spend another day in this unforgettable landscape undertaking a shore landing, listening to lectures and enjoying your spectacular vessel.

DAY 8

Destination	 Antarctica
Meals included	Breakfast, Lunch, Dinner
Accommodation	N/A


Spend another day in this unforgettable landscape undertaking a shore landing, listening to lectures and enjoying your spectacular vessel.

DAY 9

Destination	 Antarctica
Meals included	Breakfast, Lunch, Dinner
Accommodation	N/A

Spend another day in this unforgettable landscape undertaking a shore landing, listening to lectures and enjoying your spectacular vessel.

DAY 10


Destination	 Drake Passage
Meals included	Breakfast, Lunch, Dinner
Accommodation	N/A

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After exploring this exhilarating continent, we set course back to civilisation. Spend the day at sea recapping your experiences, having fun in the Science Center or just relaxing on deck, spotting the many sea birds which follow our ship.

DAY 11

Destination	 Drake Passage
Meals included	
Accommodation	N/A

Today is another day at sea as your ship makes it way back to South America. Relax and enjoy your ship's facilities, or join one of the lectures conducted throughout the day.

DAY 12

Destination	Ushuaia  Buenos Aires
Meals included	
Accommodation	N/A

Our expedition cruise ends as we reach Ushuaia, and we transfer you to the airport for your flight back to Buenos Aires.

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Inclusions

WHATS INCLUDED

See the best Antarctica has to offer on an advanced expedition cruise
Experience massive glaciers, icebergs, polar landscape and rich wildlife
Mix of landings and ice-cruising as well as optional adventures
Science Center with fascinating lectures and activities on board
32 Meals - 11 Breakfasts - 10 Lunches - 11 Dinners including beverages
(house beer, wine & soda)
Sail on board the MS Fridtjof Nansen in a Polar Outside cabin
Overnight in Buenos Aires before the expedition cruise, including
breakfast
Return flights in economy class between Buenos Aires and Ushuaia
Transfer from the hotel in Buenos Aires to Buenos Aires airport before
the expedition cruise
Transfers between Ushuaia airport and the ship, including a brief tour of
the town
Escorted landings with small expedition boats while in Antarctica
Loan of boots, trekking poles, and all equipment for activities
Complimentary wind and water-resistant expedition jacket
Expedition Photographers help with your camera settings before
landings

Fine Print

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TOUR ITINERARY

HOW TO BOOK & PAYMENTS

Deposit & Payments

Book now and secure your package with only a LIMITED TIME 7% deposit per person.

Pay a 2nd instalment of \$1000 per person within 28 days.

You will then be invoiced for final payment 120 days prior to departure.

Booking Process

Select the purple 'Reserve Your Seat' tab to begin your booking (you must 'Sign Up' first by entering your email and creating a password)

Then select the purple 'Book now' tab of the tour you have selected

Select your Departure Date, Departure City, Number of Passengers, Room Configuration, any Upgrade Options, and enter any Special Requests

Click the purple 'Proceed to Secure Checkout' tab

Enter your credit card or PayPal details to secure your deposit/payment. You may also pay via BPAY (not available within 70 days of departure)

Once your order is complete, you will be prompted to complete a Booking Form so that we can fulfil your booking

Your position on the tour will be confirmed within 48 hours of completing your order. If your place cannot be confirmed, a full refund of the deposit will occur

OPTIONAL TOURS

None

EXCLUSIONS

Airfares

Personal Expenses

Travel Insurance

Optional activities

Anything not mentioned in the itinerary or optional

TOUR ITINERARY

CRUISE DETAILS

For detailed information on your ship, the MS Fridtjof Nansen, click [HERE](#).

Compulsory Cruise Forms

Personal Questionnaire - This form must be received by Hurtigruten at least 8 weeks prior to your voyage departure.

Medical Certificate - If applicable, the cruise Medical Certificate is to be completed and approved by your personal physician not more than 8 weeks before your departure date. The completed forms must be presented to the ship's doctor upon boarding. Boarding will be denied if part III of the Medical Certificate is not approved by your personal physician. Even if the forms have been duly submitted and approved by your personal physician, the ship's doctor and the captain reserve the right to deny the boarding of guests who do not seem to be sufficiently fit for travel.

For more information, click [HERE](#)

IMPORTANT INFORMATION

Accommodation

The accommodation listed is subject to change. Any changes will be of an equal or higher standard. Bedding configurations (double or twin) are requests only. All efforts will be made to meet your preferences, however, any changes are beyond our control.

Single Supplement

A single supplement is available on all nights of this trip from an extra \$4,006 subject to availability.

Triple Share

Not available.

Children

Children must be 5 years old or over and share a room with parents at all times. Children are charged the same price as adults.

Tour Documentation

Final documentation will be provided approximately 30 days prior to travel.

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CABIN BEDDING AND UPGRADES

Bedding on board the cruise is restricted to the following configurations. If you wish to upgrade your cabin, the following amounts are payable in addition to the package price prior to travel:

Polar Outside Window cabin: INCLUDED. The Polar Outside cabins are primarily on the lower/middle decks with windows, they are spacious, have flexible sleeping arrangements (double or twin), TV and Ensuite for excellent and high standard accommodation.

Arctic Superior Balcony cabin: from \$1,527 per person, twin share (subject to availability) *Great for wildlife photography* Arctic Superior class cabins are comfortable and roomy accommodation and have balconies. They have flexible sleeping arrangements (double or twin), TV and ensuite and other features make this one of our most popular categories.

Suite cabin - from \$3,413 per person, twin share (subject to availability) *Great for wildlife photography* Suites feature a private balcony, top-high decks, ensuite, flexible sleeping arrangements, some with sofa bed, TV, minibar, amenity kit, bathrobe, kettle, tea and coffee, espresso maker. They have flexible sleeping arrangements (double or twin). Enjoy free access to the upscale Lindstrom restaurant for breakfast and dinner.

Please request your cabin upgrade in the 'special requests' field. Availability and price will then be confirmed and added to your invoice upon acceptance.